

**MANY FACTORS CONTRIBUTE TO SEXUAL SATISFACTION:**

- I understand that increased friction resulting from tightening of the vaginal opening is one of many factors contributing to sexual satisfaction.

**RELEASE FROM RESPONSIBILITY:**

I understand and agree on behalf of myself, my dependents, heirs, administrators, legal representatives, and assigns, to release and hold harmless Viveve, and any and all associates, employees, agents and representatives thereof, from any and all liability for illness, injuries, or death, and for any losses or damages relating thereto, however occurring, in relation to my consultation with and/or treatment by Viveve. Without limitation, I understand and agree that neither Viveve, nor any associates, employees, agents or representatives thereof, is liable for any direct, indirect, consequential, or incidental damage, injury, death, loss, delay, or inconvenience of any kind which may be occasioned by reason of any act or omission, including, without limitation, any willful or negligent act or failure to act, or breach of contract. I further recognize and understand that there are certain inherent risks associated with surgical and medical procedures and I assume full responsibility for any personal injury to myself and further release Viveve for any injury, loss or damage arising from this procedure.

I have read and understand all the information presented to me. I consent to the Viveve treatment.

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Patient Signature

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Date

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Patient Name (Printed)

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Witness Signature

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Date

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Witness Name (Printed)



## **VIVEVE PRE AND POST TREATMENT INSTRUCTIONS**

### **PRE-TREATMENT**

- Wash the vaginal/vulvar area the morning of treatment.
- While most women drive themselves to and from the procedure, if you think you may need someone to accompany you to your visit, please make appropriate arrangements.
- Be prepared. Write down questions you may have for your healthcare professional so that you don't forget them the day of the procedure.
- **The procedure will last about 45 minutes. You may wish to bring headphones, your cell phone, a book, iPad, or a magazine with you for the procedure.**

### **TREATMENT DAY**

- Understand and sign the Consent Form and Patient Evaluation Form. Do not be afraid to ask any questions.
- You will hear different sounds during the procedure, such as the device signaling when pulses of energy have been delivered. You may also feel some mild warmth or cooling sensations in the vagina.
- Be certain to report any abnormal pain, feeling, or sensations to your healthcare professional should you experience them.

### **POST-TREATMENT**

- Ask questions. Be sure to have all your concerns addressed before you leave.
- Schedule your follow-up visit **1 month** after the procedure.
- Douching upsets the natural balance of the vaginal environment and should always be avoided.
- Patients may see better results if they abstain from the use of anti-inflammatory drugs, including ibuprofen, aspirin, and steroids, as these may interfere with the natural process stimulated by the VIVEVE Treatment.
- Most patients resume normal activity of daily living immediately after the procedure, but women vary in their post-procedure course. Discuss your concerns with your healthcare professional.
- Contact your healthcare provider should you experience discomfort, pain, or any other symptoms, or if you have other concerns. 760.637.2500

Additional Instructions:

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